

# PLEGA ADJUSTABLE BEDS

RECOMMENDED BY HEALTHCARE PROFESSIONALS



www.plega.com.au

The **PLEGA Adjustable Beds** are designed to bring you the ultimate in rest, relief and support, making the one-third of your life you spend in bed more comfortable. A PLEGA Adjustable Bed is simply the most unique piece of furniture in the world.

Touch button controls electrically elevate back and legs to different positions.



You are the designer. You can electrically elevate your back and your legs to any position at the touch of a button. Whether for health, sleep or increased mobility, PLEGA Adjustable Bed owners would never sleep on anything else.

The Plega Adjustable Beds can be used with commercially available bed linen and electric blankets. Headboards are not included, heater and massage system is optional.

All beds are custom-made, therefore our customers pay only for features they need.



PLEGA mattresses are of the highest quality construction and offer the most supportive and comfortable sleep possible.

Specifications	Size	Optional massage system	Mattresses
Electric Steel Frame - Head Lift	2'6", 3', 3'6", 4'6", 5', 6', Dual Queen (2 x 2'6"), Dual King (2 x 3'), or special sizes on request	Yes	Inner spring
Electric Steel Frame - Head & Leg Lift	2'6", 3', 3'6", 4'6", 5', 6', Dual Queen (2 x 2'6"), Dual King (2 x 3'), or special sizes on request	Yes	Inner spring, or Latex



## Sleeping

A lot of people take sleep for granted, but if you don't get a good night's sleep you simply don't feel good the next day. Our research shows that one out of two people who sleep on Plega Adjustable Beds sleep in a contour position. In this contoured position your whole body weight gets evenly supported, the pressure is taken off your lower back, circulation is increased, and most importantly, you can sleep comfortably all night.



Get temporary relief from:

- Hiatus Hernia
- Back Problems
- Arthritis
- Asthma
- Heart Condition
- Rheumatism
- Poor Circulation
- Emphysema
- Stress & Tension

You will benefit from our twenty five years experience in engineering, design and understanding customer needs.

We have the largest network of full time, fully trained after sales service technicians in Australia with the capability to cater to any possible change of health conditions or further requirements you may experience both today and in years to come.

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